

Coromega (omega-3 fish oil supplement) 90 count
\$34.95

The benefits of fish oil are numerous, including healthy skin, eyes, heart, hair, nails and brain! Fish oil is lauded for its anti-inflammatory properties, but more importantly, fish oil helps to maintain the membranes around every cell in your body, making it essential to great brain health. When these membranes break down or are damaged by oxidative stress and free radicals, they need to be repaired. This is where Coromega 3 can help. Coromega 3 contains the right balance of Omega 3 fatty acids to properly rebuild cell membranes. Low levels of Omega 3's have been found in many psychiatric and neurodegenerative disorders and supplementation has been shown to be effective in improving cognitive function, behavior control and mood regulation. Therefore, taking fish oil on a daily basis is one way you can proactively contribute towards maintaining great brain health while preventing disease.

Coromega omega-3 squeeze is a creamy orange-flavored omega-3 supplement. It has all natural flavoring with no fish taste or aftertaste! A full daily dose of omega-3 is in every pouch. This is the first omega-3 supplement beneficial to your taste buds!

Coromega's exclusive production process transforms the pharmaceutical grade fish oil into a creamy, delicious pudding-like emulsion. They've made the experience of taking a fish oil supplement a pure pleasure by absolutely eliminating any fishy aftertaste, and, by adding a delicious orange flavor. The Coromega process and formulation, developed in Norway, was over 10 years in the making and is patented worldwide. This complex process assures the stability of the fish oil and the potency of the ingredients.

Coromega is a natural source of Omega-3 fatty acids from pharmaceutical grade fish oil. All impurities have been removed through a series of sophisticated processes, including molecular distillation, to provide a pure and concentrated source of Omega-3. Coromega is a proprietary emulsified form of Omega-3 fatty acids, EPA and DHA, protected and stabilized with vitamins C and E. It has a natural orange flavor and is naturally colored.

Background and Scientific Studies:

EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid): EPA and DHA are the bioactive components of Omega 3 fatty acids and are being viewed as a major factor in the treatment of depression. EPA is more influential on behavior and mood while DHA is essential to brain development (Ref. 5). Omega 3 deficiencies have been found in every major psychiatric disorder including depression, bipolar disorder and ADD/ADHD (Ref. 1,3,4,5). In fact, low Omega 3 fatty acid levels tend to correlate with behavior problems and learning disorders in children (Ref. 5,7,8). Since omega 3 fatty acids are important in maintaining cell membranes, damaged or unrepaired cell membranes can then influence transmission of serotonin, norepinephrine and dopamine, making omega 3 supplementation an effective mood regulator. Evidence in the literature supports a role for Omega 3 supplementation in the treatment of anxiety, inattention,

autism, dyslexia and ADD/ADHD (Ref. 2,6,7,8). It can also prevent the onset of visual and cognitive deficits observed in dementia and Alzheimer's disease since the highest amounts of EPA and DHA are found in the brain and retinal tissue.

Recommended use:

(Adults and children over 4) Take one packet daily with or without food, or as directed by your healthcare professional. Tear along perforation, and squeeze directly into mouth or onto a spoon. Coromega omega-3 may be added to cold food such as yogurt or a smoothie. Do not freeze or heat.

Caution: If pregnant or nursing, or taking medication-including blood thinning medications-consult your healthcare practitioner before use. Do not use before surgery. Keep out of reach of children.

Servings per container: 90 squeeze packets

Each packet contains:

- Fish oil 2000mg
- Long chain omega-3 fatty acids 650mg
- EPA (Eicosapentaenoic acid) 350mg
- DHA (Docosahexaenoic acid) 230mg
- Stevia leaf extract 10mg

Ingredients: Fish oil, water, pasteurized egg yolk, natural orange flavor, ascorbic acid, sodium ascorbate, stevia leaf extract, vegetable oil, d-alpha tocopherol, citric acid, potassium sorbate, sodium benzoate, vanillin, beta carotene color, xanthan gum, menthol.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

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