

NeuroPS (60 capsules)
\$35.95

Phosphatidylserine is a nutrient vital to optimal brain function. It is a supplement that functions to restore neuronal health and has been used in relieving depression, ADHD, helping age-related memory loss and in the prevention of Alzheimer's disease.

Background and Scientific Studies:

Phosphatidyl Serine (PS): PS is a lipid essential to the formation and maintenance of all neuronal membranes. As we age, these membranes change in composition and addition of PS is thought to prevent these age-related changes. It functions to maintain receptors important in neurotransmission (Ref. 4) and is thought to be a component in the pathway which promotes the synthesis and release of neurotransmitters important to memory (Ref. 2,7). Therefore, PS is essential to brain health by maintaining neurons and neuronal networks so that the brain can continue to form and retain memories. Supplementation with PS has been shown to improve cognition and help prevent Alzheimer's disease (Ref. 3,5,6,9) and relieve depression (Ref.8). In addition, omega-3 and PS combined has been shown to alleviate ADHD symptoms (Ref. 1).

Recommended Use: NeuroPS is best taken before or with breakfast, as it is a brain energizing nutrient. PS is derived from soy and is suitable for vegetarians. Research confirms a beneficial effect of taking 300mg per day for the treatment of Alzheimer's disease (Ref. 3) and depression (Ref. 8). Longer term supplementation at 120mg per day will be sufficient for maintaining optimal brain health.

Directions: Take one or more capsules daily with food or as directed by your healthcare practitioner.

Caution: If you are taking any psychotropic medications, please consult with your healthcare practitioner.

Servings per container: 60

Each capsule contains:

- Phosphatidyl Serine (from 600mg Soy Lecithin; Phosphatidyl Serine 20%)
120mg
- Phosphatidylcholine 72mg
- Phosphatidylethanolamine 54mg
- Phosphatidylinositol 30mg

Storage: Keep tightly closed in a cool dry place.

Formulated to exclude: This product does not contain wheat, yeast, milk or dairy products, corn, sodium, sugar, artificial colors, preservatives or flavors.

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

References:

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3. Cenacchi T., et al. (1993) Cognitive decline in the elderly: a double-blind, placebo-controlled multicenter study on efficacy of phosphatidylserine administration. *Aging (Milano)* 2:123-33.
4. Cohen SA and Müller WE (1992) Age-related alterations of NMDA-receptor properties in the mouse forebrain: partial restoration by chronic phosphatidylserine treatment. *Brain Res* 1-2:174-80.
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7. Casamenti F., et al. (1991) Phosphatidylserine reverses the age-dependent decrease in cortical acetylcholine release: a microdialysis study. *Eur J Pharmacol.* 1:11-6.
8. Maggioni M., et al. (1990) Effect of phosphatidylserine therapy in geriatric patients with depressive disorders. *Acta Psychiatr Scand.* 3:265-70.
9. Amaducci L. (1988) Phosphatidylserine in the treatment of Alzheimer's disease: results of a multicenter study. *Psychopharmacol Bull.* 1:130-4.