

***NeuroEPA 60 Softgels***  
**\$29.95**

The benefits of fish oil are numerous, including healthy skin, eyes, heart, hair, nails and brain! Fish oil is lauded for its anti inflammatory properties, but more importantly, fish oil helps to maintain the membranes around every cell in your body, making it essential to great brain health. When these membranes break down or are damaged by oxidative stress and free radicals, they need to be repaired. This is where NeuroEPA can help. NeuroEPA contains a unique 6:1 ratio of the Omega 3 fatty acids to properly rebuild cell membranes. This high ratio of EPA:DHA supplementation was shown to significantly improve reading spelling and behavior in kids with development coordination disorder, which is very similar to the behavioral and learning difficulties observed in ADD (Ref. 8). NeuroEPA is stimulating and often used for people with ADD and cold brains.

Low levels of Omega 3's have been found in many psychiatric and neurodegenerative disorders and supplementation has been shown to be effective in improving cognitive function, behavior control and mood regulation. Therefore, taking fish oil on a daily basis is one way you can proactively contribute towards maintaining great brain health while preventing disease.

**Background and Scientific Studies:**

**EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid):** EPA and DHA are the bioactive components of Omega 3 fatty acids and are being viewed as a major factor in the treatment of depression. EPA is more influential on behavior and mood while DHA is essential to brain development (Ref. 5). Omega 3 deficiencies have been found in every major psychiatric disorder including depression, bipolar disorder and ADD/ADHD (Ref. 1,3,4,5). In fact, low Omega 3 fatty acid levels tend to correlate with behavior problems and learning disorders in children (Ref. 5,7,8,9). A study done with 117 children with developmental disorders were placed on a diet of 558mg EPA: 174mg DHA for 3 months and showed a significant improvement in learning and behavior (Ref. 8). Since omega 3 fatty acids are important in maintaining cell membranes, damaged or unrepaired cell membranes can then influence transmission of serotonin, norepinephrine and dopamine, making omega 3 supplementation an effective mood regulator. Evidence in the literature supports a role for Omega 3 supplementation in the treatment of anxiety, inattention, autism, dyslexia and ADD/ADHD (Ref. 2,6,7,8). It can also prevent the onset of visual and cognitive deficits observed in dementia and Alzheimer's disease since the highest amounts of EPA and DHA are found in the brain and retinal tissue.

**Recommended Use:**

Take 1 softgel one to three times daily with food or as directed by your healthcare practitioner.

**Caution:** If pregnant or nursing, or taking medication-including blood thinning medications-consult your healthcare practitioner before use. Do not use before surgery. Keep out of reach of children.

**Each capsule contains:**

- EPA (Eicosapentaenoic acid): 500 mg
  - Natural Marine Lipid Concentrate: 1g\*
- \* Contains between 25-100mg of DHA (Docosahexaenoic acid)

**Advantages of this premium formula include:**

- Pharmaceutical-grade fish oil
- Low in cholesterol
- Purity Certified
- Enteric Coated

**Storage:** Keep tightly closed in a cool dry place.

Formulated to exclude: Wheat, Gluten, corn, yeast, soy protein, dairy products, nuts, tree nuts, or artificial colors, sweeteners, or preservatives.

**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**References:**

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